2025 Work Exchange at Earthdance

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Introduction

Hello! And Thank you for your interest in the Work Exchange (WeX) Program at Earthdance Creative Living Project (ED)! Here is some more information about the program:

Your time here at Earthdance

*The "Live in" work exchange program is a seasonal program. It lasts from one seasonal jam to the next, so is roughly **3 months** long. This is the recommended time frame, however it can be adjusted. The minimum amount of time for a new work exchanger is **6 weeks**, and maximum amount of time is **6 months**. A 6 month time frame would require approval from ED staff after your first 3 months. If you would like to do an exchange that is less than 6 weeks, we ask that you contribute financially towards your stay. A returning Earthdance work exchanger is welcome to stay for a minimum of **one month**.

*The Exchange is **25 hours per week**. You are responsible for tracking your hours, and the Site Coordinator (Nala) is here to support you if you notice your hours going beyond or behind this number. We value self starters who help take responsibility for the space and advocate for their hours being met. We do not schedule every hour of your work exchange, but we will help you coordinate with the different domain managers to meet your hours. We meet up every week to discuss how it is going. (see below for the weekly LSFP)

The Domains and their coordinators

- 1. Events with Nala. Events will take roughly half of your weekly work exchange hours (between 10 and 14 hours). **We expect the Work Exchangers to be available the day before events start for preparatory cleaning, cooking, or project tidying. Then during events we have you scheduled for at least one kitchen shift and one chore per day. The Site Coordinator will assign you your schedule during the WeX meeting before the event.
 - a. *Earthdance Events:* Earthdance hosts their own events about one weekend per month and we have a monthly Sunday jam the second Sunday of every month. The events we host range from 1 day to 3 weeks long. During events WeXers work ~4 hours per day helping out in the kitchen and cleaning. At the end of an event work exchangers help lead a final clean with all participants. As an Earthdance Work exchanger, you are allowed to participate in the event as much as possible, while prioritizing the hours you are working.
 - b. *Rentals:* The rest of the weekends per month are occupied by rentals. Different groups rent out the space at Earthdance, and Earthdance provides lodging, food and cleaning services for the events. During these events WeXers work ~4 hours per day helping out in the kitchen and cleaning. At the end of an event work exchangers help with a final clean. It is up to the rental group if Earthdance staff and Work exchangers are allowed to participate in the event.
- 2. <u>Building and Grounds maintenance with Victor and Josef:</u> Earthdance has multiple buildings that need our consistent upkeep and care. This includes deep cleaning, organization, painting, sanding ect. Our building and grounds manager, Victor, will assist you with projects. Prior experience is a plus, but not a requirement.
- 3. <u>Kitchen with Adam and Kale:</u> Much of the work asked of you will take place in and around the kitchen. This involves meal preparation and meal cleans. There will always be a chef guiding you. If you have specific skills in the kitchen, let us know!
- 4. <u>Gardening with Neal and Shosei:</u> ED has a revitalized garden project, and our garden managers, Neal and Shosei, can assist you in gardening tasks. We offer ~3 garden hours per week. If you would like to take on garden projects beyond that, it comes from your own heart and interest.
- 5. <u>Passion Projects with YOU:</u> Want to paint a mural? Or build a unique structure? Consult the staff and we can see what we can do! We offer ~2 hours per week for passion projects. Again, hours spent beyond that are up to your own heart and interest.

a. SEASONAL OFFERING: with **Brett our Artistic Chaplain**. This meeting is to support you in your creative and spiritual endeavors while at Earthdance. This meeting is optional, and does not count as work exchange hours. (more info about this potential offering when you are on-site)

Housing

We offer shared housing at the Earthdance dorm. The housing is not private, you will be sharing a room with other work exchangers or participants. It is possible that you can find privacy between events. We have a staff lounge in the farmhouse that you can store belongings in.

Food

All of your food is covered by Earthdance. During events and rentals, your food will be prepared by our chef, and outside of events it is your responsibility to coordinate the cooking of your own meals in our farmhouse kitchen or the dorm kitchen. *Adam*, our **Kitchen Coordinator**, takes food requests. You can write it on the "food request" white board, or text them directly. Food is stored in the walk-in fridge. If you have personal food items, please label it with your name. If it is not labeled, it is open for the community to eat.

Weekly LSFP- Light Structure Flow Plan- (subject to Flow and so much Change)

Monday: Enjoy the day! Work on passion projects, exchange body work, and feel invited to take care of your wants and needs.

Tuesday: 4 hours of work exchange, 1hour meeting- Gardening, Buildings and Grounds, Kitchen and On-site can all use your time and energy. Nala and Adam and Shosei will help guide you on what needs done via WhattsApp or IRL. Times of availability are mostly flexible this day. Please try to be available @ 1:30p for a group meet up/project

Wednesdays: 5 hours of meetings/work exchange

- 10:45-11:45a Relational practice at the FarmHouse
- **3pm-4pm WeX meeting (usually in dorm).** During our WeX meeting we will discuss/process past events, check in with the present moment, and look ahead to the next event and what our responsibilities are. This is the time to bring up project development, passion projects, hours, and get an overview of expectations for the week. Also maybe a dance party. :-)
- **4p-7p WeX group work** Getting the stuff done we discussed in the WeX meeting!

Thursday: Work Exchange hours vary

- **10-10:30a On Site Logistics meeting in FH kitchen:** During this meeting we assign everyone to a weekly cleaning task that is their responsibility for the week *when we are not in "Event Time"*.
- 10:30a-12:30a All Clean of the farmhouse and dorm. Time to do your assigned task! Let's make Earthdance beautiful for our incoming facilitators and participants.

Thursday 4p-Sunday 3pm: Work Exchange hours vary

• This is our typical "Event Time". Please see your event schedule for your daily kitchen shift and your daily clean chore.

Guests

You are welcome to have **Guests**. The best time to have guests is during off times, or small events. Guests may not come during private events that take over the whole campus, like seasonal jams or Touch and Play. Please check in with Nala about this. If they are staying over and eating with us, we ask that they contribute towards food costs, **\$10 per meal**, or an **hour of WeX work per day**. If they are staying with you in your bed, it is no additional cost, but if they have their own bed it is **\$20 per night**. If your Guest is staying longer than 3 days, please check in with folks onsite. You can do this Via our Onsite Whatsapp group.

Whatsapp groups

We will have 2 Whatsapp Groups, one for everyone onsite, and one just for wexers. Please download the app if you don't already have it.

Staff

We currently have a Staff of 9

- 1. Daniel or "DJ"- Executive Director.
- 2. Victor: Building and Grounds
- 3. Josef: Buildings and Grounds
- 4. Melanie: Programming Coordinator.
- 5. Adam: Kitchen Coordinator.
- 6. Nala: Site Coordinator.
- 7. Jen: Publicity (lives off site)
- 8. Nadia:Bookkeeper (lives off site)
- 9. Christos: Programming and Marketing (lives off site)

Calendar

Here is a link to our **calendar**. It includes our events, rentals, and is subject to change :)

https://calendar.google.com/calendar/embed?src=earthdancespirit%40gmail.com&ctz = America%2FNew York

What do you want to offer at Earthdance?

While at Earthdance, please feel free to make **community offerings!** We are building the culture here as we go, and that culture includes you! Would you like to share a specific meal? A community meal? A class? A meditation? This time at Earthdance can be a laboratory for artistic+somatic+whatever you want development, and we are here to support one another. Examples of this from the past have included: CI Lab'ing,

Circling, Work in Progress sharing, Lunar Rituals, bodywork exchange, Artist Way Study groups, ect.

Very best, Nala Site Coordinator (413)268-4784